



Activity 6 Spiritual Development:

A Cup of Kindness To think of others.

You will need – Hot chocolate powder, marshmallows, chocolate chips, cellophane cones, ribbon, paper tags and pens.

Activity – First make the tags for the cones. Cut out a tag shape and write on the tag ‘A Cup of Kindness’. Put a hole in the tags with a hole punch and put to one side. Take a cellophane cone and put 4 spoons of hot chocolate powder in, then top with some chocolate chips. Finish off with some marshmallows. Tie your cone with some ribbon and thread a tag on and knot the ribbon. You now have a lovely cone ready to give to someone to



make a delicious cup of hot chocolate. The cup of kindness cones can be made to give to people you know are sick. Take them to elderly residents in your area or give them to family and friends just to say, “I am thinking of you”.

