



Activity 28
Spiritual Development:

A Vision for the Future
To explore our future aspirations.

You will need - Paper, felt tip pens, scissors, pencil crayons, glasses template (you can use your own or see resource CD) and a glue stick.

Activity - Decorate the rim of your glasses in a pattern of your choice. While you are decorating your glasses think about all the things you would like to do and the person you would like to become. Think about what sort of job you will do, the house you will live in, the friends you may have or where you might live. Are you famous? What sort of clothes will you wear? What sort of qualities will you have? What will other people say about you? When you have decided, draw your future aspirations in the lenses of the glasses depicting your future. Cut out your glasses and display them where you can keep focused on the things you are aiming for.

