



Activity 54

Spiritual Development:

Bag of Sunshine

To bring happiness into the lives of others.

Spreading a little
sunshine!

You will need – Yellow organza bag or cotton bag, yellow sweets, sweets in yellow wrapper, cut out sun shapes, yellow candle, yellow cup, yellow lip balm, yellow post it notes, yellow tissues, yellow flip flops, yellow jewellery, biscuits in yellow wrapper, yellow smilies, yellow soap, yellow tissues, yellow scarf etc. you can put anything into your bag of sunshine as long as it is yellow!

Activity – This activity is designed to spread a little sunshine into someone's day. Make or buy a yellow bag, you can make a cotton bag or buy an organza in bag yellow or gold. Collect as many things as you can that are yellow such as yellow sweets, yellow cut out suns, yellow soap, yellow candles, yellow jewellery, yellow biscuits, yellow scarf etc. You can add anything into your sunshine bag that you think will bring happiness to the person you are giving the bag to. You can add a little caption inside the bag or as a tag 'Spreading a little sunshine your way'.

