



Activity 88

Building Bridges

Spiritual Development:

To explore building bridges between people and God.

You will need – Lego or any construction kit you can build a bridge with.

Activity – This activity is designed to visually make bridges and at the same time discuss the times in our lives when we need to build bridges with other people to develop or repair a relationship. As we built our bridge we discussed the qualities and virtues we need to use to build bridges with others e.g.

- | | | |
|---------------|--------------|--------------|
| * forgiveness | * compassion | * trust |
| * courage | * respect | * empathy |
| * listen | * wisdom | * acceptance |
| * love | * faith | |

Discuss with a partner or in a small group what qualities, virtues and characteristics we need to draw upon to build, repair and grow relationships.

