



Activity 57

Spiritual Development:

Compassion Values Sack

To explore the value of compassion.

You will need – Draw string bag, compassion quotes, prompt/question cards, poem, LED candles, compassion chatterbox template, heart decorations, children's story books with a compassion theme, felt tip pens, pencils and post it notes.

Activity – Our compassion values sack is designed to stimulate discussion about compassion. You can add any activity that enables your group to explore compassion and how it can impact on their life and that of others. We made compassion chatterboxes, when you reach the middle there are questions to make children think of what they would do in certain situations and how different responses to the same question can lead to very different outcomes. We added LED candles and heart decorations so we could quietly think about compassion quotes. There are many books that you can use in your compassion story sack e.g. 'The Teddy Bear' by David McPhail, 'How to heal a broken wing' by Bob Graham and 'Dogger' by Shirley Hughes. How many kind words can you think of? The more you use your compassion sack the more activities you can add and develop.

