



Activity 50

Fiddle Prayers

Spiritual Development: To explore the twists and turns in our lives using fiddle prayers.

Prayer Exploration

You will need – Some fiddle toys

Activity – Take the fiddle toy and move it around in your hands, making it bend and take different shapes. Following God can be like this we sometimes have a straight path and we know where we are going but then we

hit a sharp bend, some twists and turns or a crossroads and suddenly we feel lost or we take our eyes off God and we stumble. God loves us all totally and completely. You can read some of his many promises in the bible:

1 Peter 5:7, Jeremiah 29:11, John 16:13, Psalm 119:105. Take some time to thank God if you are travelling on a straight path at the moment, knowing where you are going. Take some time to reflect and talk to God if you feel you are at where the path feels it is twisting and turning. Ask God to help and support you through this.

