



## Activity 92

### Spiritual Development:

**You will need** – Forgiveness quotes, wool, beads, copies of friendship recipe, pens, LED candles and forgiveness hearts.

**Activity** – Our forgiveness values sack is designed to stimulate discussion about forgiveness. You can add any activity that enables your group to explore forgiveness and how it can impact on their life and that of others. We put materials into our forgiveness sack so that you can sit and make forgiveness bracelets with others. As a group you can sit and discuss some forgiveness. The candles allow you to have some quiet time to think about the value of forgiveness. You can carry out writing forgiveness hearts as a group. The more you use your forgiveness sack the more activities you can add and develop.

### Forgiveness Values Sack To explore the value of forgiveness.

