



Activity 48

Spiritual Development:

Future Dreams and Aspirations

To look to the future and focus on our dreams and aspirations.

You will need – Felt tip pens, pencil crayons, pens, pencils, balloon template, sequins, a variety of art materials and scissors.

Activity – First of all you will need a balloon template either A3 or A4 size. What are your dreams for the future? What are your aspirations for the future? What job would you like to do? Why? What qualities and characteristics would you like to display? How will you treat others? Discuss these questions with a friend or in a small group. Now write your dreams and aspirations on your balloon. Decorate your balloon in any way you would like. Take pictures of your groups as though you are holding a balloon or so you can put your photo inside the balloon basket. Put the photograph of yourself in the balloon basket or so it looks like you are holding the balloon to symbolize all your dreams and aspirations.

