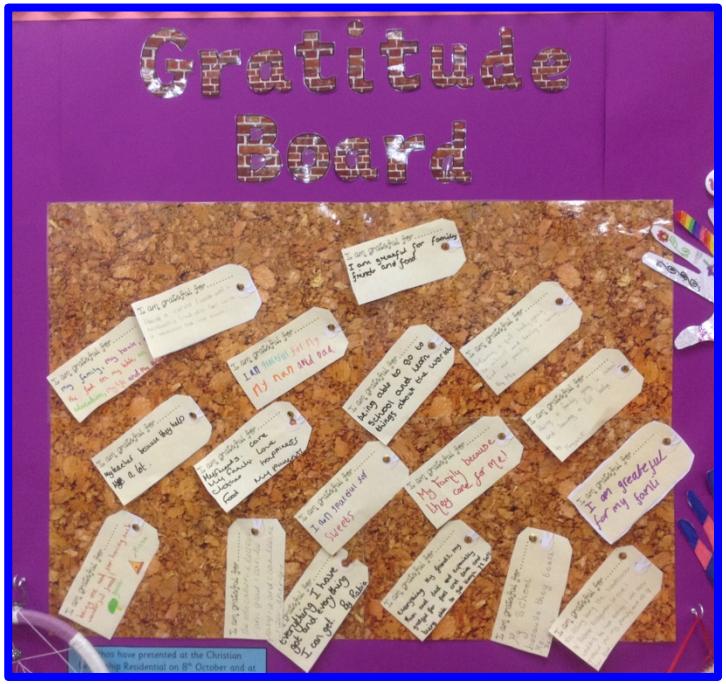
The Bolton & Farnworth C of E Primary Multi Academy Trust
Together With God

Activity 38 — Gratitude Board

Spiritual Development: — To give thanks for the many wonderful things in life.

You will need – A pin board or notice board, pens and a gratitude tag.

Activity – Discuss with a friend or in a small group all the things in life we should be grateful for that we perhaps take for granted.

* Sight	* Technology	* Homes
* Movement	* Choice	* Pets
* Food & water	* Emergency services	* Communication
* Friends & family	* Doctors	* Art
* Plants & animals	* Good health	* Shops
* School	* Holidays	* Music etc.

Now use tags or pieces of paper to write all the things you are grateful for and pin them on a gratitude board. Once everyone has put some tags on the board take time to read what others are grateful for.