



Activity 68

Growing Together

Spiritual Development: To determine the values, virtues and qualities we need to grow.

You will need – Plant pot template, Leaf template, flower template, green paper, photograph of yourself, felt tip pens, pencils, scissors and art & craft materials.

Activity – First cut out the template of a plant pot, some leaves and a flower. Decorate your plant pot, leaves and flower with your art and craft materials along with some of the values we need to grow e.g.

- | | | |
|---------------------|-----------------|----------------|
| * love | * hope | * resilience |
| * happiness | * encouragement | * take risks |
| * compassion | * determination | * peace |
| * someone to listen | * perseverance | * acceptance |
| * faith | * motivation | * courage etc. |

Once you have added all the values, virtues and qualities on to your plant, assemble your plant with a stem either on a piece of card or onto a display board. Cut out your photograph and place it in the centre of the flower. Take time to talk to other members of your group about their 'life plant'.

