



## Activity 17

### Spiritual Development:

## Knowing Me, Knowing You

### To celebrate others and know yourself more.

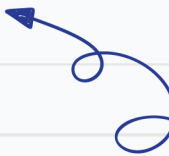
**You will need** – An apron with a variety of pockets on, a set of question cards to prompt discussion, cards, felt tip pens and pencils. (You could make the question cards on the computer, print them off and then laminate them.)

**Activity** – Make an apron with pockets. Decide on a variety of questions to ask such as:

- \* What is your favourite colour?
- \* Who do you admire and why?
- \* What are you afraid of?
- \* What are you proud of?
- \* Was there a time when you were hurt?
- \* What makes you happy? (See CD for further questions)



One member of the group puts the apron on and chooses a pocket to pull a question from and then asks the question of everyone, including himself/herself. Listen carefully to everyone's answers, valuing everyone's contribution. Some of the questions may be difficult for some people and they may need some support. Repeat asking questions.





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