



Activity 23

Aim: To understand and be thankful to God for our abundance in life.

You will need - A3 or A4 paper, coloured pens and pencils and materials to decorate you finished book.

Activity - To make 'A Little Book of Abundance'

First you need to make a small book by folding A4 or A3 paper. Once you have your book on the front cover write the title 'My Little Book of Abundance'. Next, inside write all the things in life that you are thankful for, for example, being able to see, walk, touch, have a family, have friends, be able to think etc. Once you have completed you book you can decorate it in any way you like. Discuss your book with others and you will be amazed at all the amazing things you have in your life to be thankful for.

