



## Activity 37

## Meeples Prayers

### Spiritual Development: Prayer Exploration

### To develop personal prayer by using Meeples.

**You will need** – Packs of Meeples

**Activity** – We love Meeples! Meeples can represent anybody in your family, your school, your place of worship, your community or indeed people in the world. You can buy Meeples in lots of different colours. This activity is a very simple activity that you can carry around with you always. Find a comfortable place, either by yourself or with some friends. Choose a Meeple, think carefully who your Meeple is going to represent. Is your Meeple going to represent you; a family member; someone at school or groups of people in the world? As you focus on the

Meeple, talk to God about the person it represents. Think, are you giving thanks for them; asking for God's support and guidance for them; or asking God to help bring people together? Close your hand around your Meeple, as you speak to God, through prayer. Meeples are small enough to carry in your pocket. Every time you put your hand in your pocket, and touch your Meeple it can remind you of that person and your prayer for them. Meeples can also act as gratitude reminders. Carry them in your pocket and every time you put your hand into your pocket and touch your Meeple, say thank you to God for something in your life.

