



Activity 5

Spiritual Development:

You will need – A selection of natural objects (depending on the season) such as pinecones, shells, nuts, acorns, leaves, apples, string and sticks.

Activity – Go outside and collect as many natural objects as you can find at the time of year. See if you can find things such as pine cones, horse chestnuts, leaves, flowers, nuts, twigs, pebbles etc. You will need to collect one larger stick to hang your objects from. Using the string tie several of your objects along the piece of string and

then attach them to the main stick. Repeat the process until you have between 6 and 8 hanging pieces. Discuss with your friends the gifts of nature and give thanks for all that is provided for us. Look closely at the colours and the shapes, feel the different textures of the objects you have chosen.

