



Activity 57

Spiritual Development:
Prayer Exploration



Paper Aeroplane Prayers

To make paper aeroplane prayers to help with talking to God about the things that worry us.

You will need – Selection of paper, felt tip pens and scissors.

Activity – First, choose the paper you would like to make your paper aeroplane from. Spend a few moments thinking of the prayer you would like to write. Write your prayer on the paper. Now make your prayer paper aeroplane. When you fly your prayer aeroplane imagine your prayer flying to God. You can share your prayers with some of your friends. We flew our prayer aeroplanes outside and enjoyed some prayer time together.

