



Activity 78

Spiritual Development:

Personal Prayer Box/ Bag To explore prayer.

You will need – Small tin or organza bag, pens, and rectangles of paper or post it notes, tag, variety of art & craft materials and scissors.

Activity – This activity is designed to make a personal prayer box that you can carry with you if you feel you want to pray. This is a lovely verse you can put in the tin to help.

*When your head starts to worry,
and your mind just can't rest,
put your prayers down on paper,
and let God do the rest.*

You can decorate your tin in any way you wish that will make you smile and help you in prayer. Put the verse in your tin/bag and several pieces of paper and a pen so you can carry your personal prayer box/tin/bag with you in times of need.

