



## Activity 99

### Spiritual Development:

**You will need** – Notice board or picture frame, paper, pens, felt tip pens, scissors and drawing pins.

**Activity** – Take pieces of paper of various shapes and sizes and sit quietly and think of a prayer to write. You may feel you want to ask for help in a particular situation, say thank you for something or someone you know may need help or courage. Take time to write your prayer and then pin it on the prayer board. Encourage everyone in your group to add a prayer to the prayer board. When everyone has put their prayers on the prayer board take time to read and pray everyone's prayer. You may wish to leave paper and pens available for children and adults to add a prayer when they pass the prayer board.

## Prayer Board

### To write and share prayers.

