



Activity 96

Spiritual Development:

Protection

To explore things/people that offers us protection.

You will need – Shield template, felt tip pens, pencils, art & craft materials and scissors.

Activity – There are many people and things that offer us protection and help us to feel safe. This activity is designed to explore them. Firstly cut out a shield shape. Discuss with a partner or in a small group all the people and things that make you feel safe and offers you protection. E.g.

- * God
- * family
- * school
- * friends
- * Prayer
- * police
- * mobile phones
- * teachers
- * shelter
- * road safety
- * clubs

Decorate your shield with some of the people and things that make you feel safe and protected. You could then make a display.

