



Activity 55

Recipe for Success

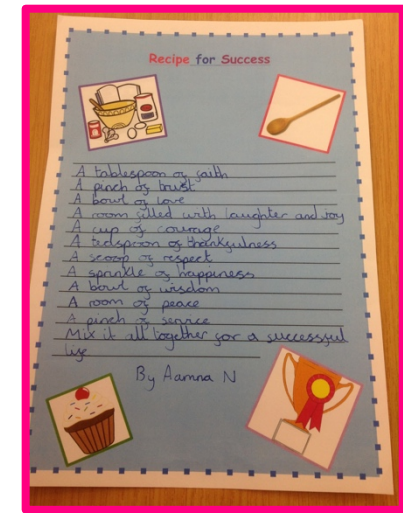
Spiritual Development: To consider the values and qualities you need to succeed in life.

You will need – Recipe for success template, felt tip pens, pens and scissors.

Activity – Sit with a partner or in a small group and discuss the values, virtues and qualities that you feel will help you to succeed in life and treat others with respect, love and acceptance. Think carefully about what you will include in your recipe such as;



*A cup of kindness
A packet of motivation
4 spoonfuls of courage
10g of wisdom
5 spoonfuls of acceptance for yourself and others
2 cups of determination
3 cups of patience
1 bowl of compassion
6 spoonfuls of perseverance
Mix together with a full jug of love.*



Decorate your recipe if you wish and exchange with everyone in your group. You can make a display out of them on your ethos notice board.

