



## Activity 83

## Scrabble Prayers

Spiritual Development:  
Prayer Exploration.

To support prayer by using scrabble tiles to make word prompts

**You will need** – Wooden scrabble tiles

**Activity** – In this activity we used words to focus our prayers. You can sit quietly on your own or pray with someone and think of the words together. Still your mind and think of a word. There are no right or wrong answers, it is whatever word you would like to pray with. Once you have a starting word, think of more words you can add, that will then take your prayers in different directions. You can talk to a friend about the words you have chosen and why they are important to you.

