



## Activity 56

## Silent Statements

### Aim:

To deepen our understanding of the value of forgiveness.

You will need – circle of chairs.

### Activity - Silent statements

Arrange the chairs in a circle; the chairs must all be of the same height. Everyone must sit on a chair to start with. A leader stands on the outside of the circle to give the instructions. The statements can be your own choice. The instructions must all begin with cross the circle if.....

### Suggestions;

- \* Cross the circle if you have ever been unkind to anyone.
- \* Cross the circle if you have ever been blamed for something you did not do.
- \* Cross the circle if you have felt jealous towards somebody.
- \* Cross the circle if you have been angry with somebody.
- \* Cross the circle if you have forgiven someone who hurt you.
- \* Cross the circle if you blamed somebody for something you know was your fault.
- \* Cross the circle if someone has forgiven you for causing them pain.
- \* Cross the circle if you have ever asked God's forgiveness

The statements are to encourage children and adults to reflect and think about forgiveness.

