



Activity 27

Aim: To share values with others

You will need - 225g unsalted butter, 115g caster sugar, 225g plain flour, 115g rice flour, baking trays, cookie cutters, smarties or other toppings to decorate your biscuits, icing and clingfilm.

Activity - To make and share values biscuits

You can buy plain biscuits to decorate or make your biscuits from the recipe. Preheat the oven to 190 C (375 F/Gas 5). Lightly grease 2 baking trays. Cream the butter and sugar until pale and fluffy. Add the flour, rice flour and a pinch of salt and using a wooden spoon stir until the mixture resembles fine breadcrumbs. Knead the breadcrumbs until it forms a soft dough. Cover with clingfilm and put in the fridge for 30 minutes. Take the dough out of the fridge, roll out and cut out your biscuits using your chosen shaped cookie cutters. Bake for 18-20 minutes, remove from the oven, and leave them on the baking tray for 5 mins before you put them on the wire cooling tray. Once your values biscuits are cold you can decorate them using your icing, smarties, sprinkles etc. Now for the important part your values biscuits are ready to be shared and eaten. You can either give your biscuits or sell them for charity. When someone has one of your biscuits ask them to choose one and then ask them why they have chosen that particular value. What does that value mean to them?

