



Activity 48

Values Trinket Boxes

Aim:

To deepen your understanding of hope through reflection.

You will need – Prepare a worship session on the value of hope.

- * To be able to think about our own personal experiences of having hope.
- * To be able to reflect on our experiences and learn about ourselves.
- * To be able to think about how we can put our hopes in God.

You will need – Prepare a worship session on the value of hope.

Activity – To carry out a hope chest reflection

First you will need to prepare a reflection sheet with a hope treasure chest on to go in class reflection spaces. In worship concentrate on treasure chest of hopes. What are the hopes you have for your future, your family and friends and the world?

Who can you really trust to put you hopes in?

End with psalm quote and an explanation of it e.g.

'I don't know what the future holds, but I know who holds the future.'

God holds each of our futures, and so we can put our hope in him.

Collect the reflection sheets to gather responses.

