



Activity 84

Zip Prayers

Spiritual Development: To explore how prayer can bring people together by using zip prayers.
Prayer Exploration.

You will need – Some zips, selection of felt tip pens, scissors and zip prayer template.

Activity – Think of the places in the world where there is disagreement between people. Also, think of the times in your life when people argued with each other. A zip brings 2 sides of fabric together. Choose a zip and undo the zip, sit and pull up the zip to bring both sides together. As you think and pray, ask God for help to bring 2 sides together so that they live in peace and love. You may think of different parts of the world, family and situations in school. To focus your thoughts and prayers further you may choose to write the on a prayer zip template.

